



## Rides Supplement March 2009

### Camberwell Downhill Gourmet Bike Riders

#### February Ride: Altona Station to Southbank

After some confusion about where the back of the train was as it was going round the loop, 7 of us boarded for the journey to Altona – Elva, Don, Bruce and Yvonne, Steve and Jill, Mary, Val and Julia. From Altona we rode back towards the city, reaching Williamstown mid-morning, where we had a difficult choice between checking out the Sunday market or getting a coffee or ice-cream. Then it was on to the bike punt, which was doing a good trade on this pleasant, mild and sunny day. Once off the punt we rode through Westgate Park and around the Bay to Beacon Cove. Some purchased Delish Fish and chips while others had less interesting DIY fare, but all enjoyed sitting on the generously proportioned benches by the water, and eating while watching the passing parade at this very scenic and lively spot. From there it was back along the Sandridge Trail to Southbank. Some of the group opted to take the train from Flinders Street, while others continued along the Yarra towards their various homes.

Thanks to Elva for organising this very pleasant ride.

#### March Ride: Eltham Circuit

Ride: Eltham Circuit ride to Diamond Creek etc.  
When: 15<sup>th</sup> March 2009  
Distance: 21km plus options.  
Start: Meeting at 10.16am for 10.25am pedal off!  
Transport: Eltham train departs Flinders Street at 9.32am, Alphington 9.50am, arrives Eltham 10.16am. (Check Connex on day)  
(I plan to be riding from East Camberwell 8km to Alphington RS leaving EC about 9.00am)

Details: Meet at the Eltham Railway Station Car Park. We'll ride up to Research for an early coffee, then via aqueduct trail etc to Diamond Creek. Lunch – bring or buy. Return to Eltham RS.

[As per Julia Blunden's Ride No.21 Eltham Circuit, 'Bike Rides Around Melbourne'.]

Variations: on return, for those interested, will consider riding from Eltham RS to Eltham Lower Park with connection on Old Eltham Rd across to Plenty River Trail hence south to Heidelberg RS.

Please advise of your participation in this ride. This will alleviate concerns of who is coming and will also assist in starting the ride on time.

Host: Graeme Stone 9889 5426 / 0434 007 463

**REMEMBER:** Should the latest weather forecast predict temperatures of 30c plus the ride will be automatically cancelled. Contact leader if in doubt.

**Rides and Leaders for 2009**

**April** 19<sup>th</sup> Julia; **May** 17<sup>th</sup> Graham Ellis; **June** 21<sup>st</sup> Geraldine & David; **July** 19<sup>th</sup> Elva; **August** 16<sup>th</sup> Bruce & Yvonne; **September** 20<sup>th</sup> ?; **October** 18<sup>th</sup> Bruce & Yvonne; **November** 15<sup>th</sup> Geraldine & David

As you can see an organiser is still needed for September so think about offering your services.

**Dinners:** Fridays July 24<sup>th</sup> and November 20<sup>th</sup>

## Hawthorn Cycle Tours

Hawthorn Cycle Tours (run by the Hawthorn Aquatic and Leisure Centre) has 10 bikes (and helmets) available. Or you can bring your own bike (and helmet) if you prefer. Rides are on Tuesday mornings from 9.30am - 11.00am. Child minding is available at the Creche. It is a social ride, with either a coffee stop out on the trail or on return to the centre (or both!). Distance travelled is usually between 15-20km, mostly flat riding with an occasional hill. Riders' ages vary from 20-70 years old. Contact: Hawthorn Aquatic and Leisure Centre, phone: 9815 0988, Website:

<http://www.geocities.com/perften/Hct.html> or e-mail: [lexbishop@bikerider.com](mailto:lexbishop@bikerider.com)

## Ashburton Riders Club

**ARC** is an informal group of cyclists from (mostly), the Ashburton, Glen Iris and Camberwell area who ride for fun, fitness and good company. We seek to be inclusive of, and helpful to, all riders (male and female) and of differing fitness levels. We have approximately 70 cyclists on our email list.

We have a regular Sunday 7am ride to Black Rock for coffee. However, there are always more rides of shorter and longer distances and on other days. These alternative rides are organised by ARCers posting a notice on the [ARC Forum](#). We enter many of the main organised rides in Victoria such as Around the Bay, the Great Divide Ride and Amy's Ride.

You are welcome to join us for a ride.

### Schedule of rides:

Sunday (every week), 7am to Black Rock for coffee (44k)

Monday (every week) Hawthorn velodrome leaving from 8 Audrey Cr at 6.10am, return 7am

Tuesday (every week) Carnegie velodrome leaving 6 Rosedale Rd at 6.10am, return 7am

Other Rides will appear here if advised to ARCer1 via a [Forum](#) message prior to Wednesday 5:00 pm .

Rides start from Ashburton Railway Station car park, west/city side of the track unless otherwise stated.

**Contacts:** Tony Landsell' email: [tony@diacher.com](mailto:tony@diacher.com) or Justin Murphy, email: [murphijj@au1.ibm.com](mailto:murphijj@au1.ibm.com)

## Kew Neighbourhood Learning Centre Bike Riding Group

Get back into cycling. Explore the Yarra bike paths. Make sure you have checked your bike is in working order before you come. Rides are between 15km -25km. Let us know if you are coming.

Free - Second Wed of the month - 9.30am -12pm - 12 March , 9 April, 14 May, 11 June

Contact: Robin Kendrick, phone: 9853 3126

## Surrey Hills Neighbourhood Centre Group

The group rides on the 2nd and 4th Monday, but will possibly move to weekly rides as interest grows. Meet at 10am at the nominated place. BYO drink. Most rides are 20-25km (3hrs approx) As no liability is taken by the SHNC, cyclists are encouraged to join Bicycle Victoria, and RACV Bike Assist as an optional extra. Bookings essential at the Centre Monday to Friday 10am-4pm. Surrey Hills Neighbourhood Centre, 157 Union Rd, Surrey Hills 3127; phone: 9890 2467; email:

[info@surreyhillssnc.org.au](mailto:info@surreyhillssnc.org.au) ; [www.surreyhillssnc.org.au](http://www.surreyhillssnc.org.au)

## Finbar Neighbourhood House Rides

We are now riding regularly on the third Sunday of the month. Meet at Finbar, 143 Kent Street, Richmond to ride at 10.30am. We try to stick to paths where possible and always include a stop for a cuppa and chat. ALL WELCOME.

Contact Deb in the office on 9428 7668 or 0403 028 200 on the day.

## Sassafras Ride

Every Sunday all year. Starts at *Bike Life*, 114 Auburn Road, Hawthorn, near corner of Burwood Rd and the overhead railway bridge, Melways Ref. Map 45 F10. Arrive prior to 7:30am to ensure departure at 7:30am sharp. Arrives in Sassafras around 9:00am and leaves Sassafras by 9:30am Arrives back in Hawthorn around 10:45am.

Distance under 70km from Hawthorn to Sassafras return (includes the 7km 1 in 20 hill climb). Route: Auburn Road, Rathmines Road, Canterbury Road, Boronia Road, Mountain Highway (Wantirna Sassafras Road), Mount Dandenong Tourist Rd. You can join and leave the peloton anywhere along this route.

Refreshment stop: *Café Ripe*, 376 Mount Dandenong Tourist Road, Sassafras, phone: 9755 2100; Melway Ref. Map 66 F9.

## Council on the Ageing (COTA) Cycling Group - Rides Program

### Seniors Bike rides in 2009

We ride 4 Wednesdays each month.

- The 1<sup>st</sup> and 3<sup>rd</sup> Wednesday rides are short (20- 30km) to encourage less experienced riders to join us. The 2<sup>nd</sup> and 4<sup>th</sup> Wednesday rides are more challenging, (50- 70km).
- We generally meet at **10am** at the 'Place to meet' (see below). Check the current train timetable to arrive at the destination listed as close to 10am as possible. A coffee stop is found midmorning. We take our own lunch and picnic together on the long rides. Riders are welcome to join the ride along the way or cut the ride short at any point.
- If the temperature is 30°C or above on the day, the long rides will be cut short. For the rides in February and March bring your bathers as we will stop for a swim if it is warm enough.

Please contact **Janet Bennett** by e-mail [janpeter@bigpond.net.au](mailto:janpeter@bigpond.net.au) or on **9853 9808** to discuss details.

All riders are requested to join Council on the Aging (COTA). We also recommend that riders consider joining Bicycle Victoria for the insurance and service they offer.

Date	Place to meet	Description	Grade
March 11 <sup>th</sup>	Southbank Footbridge at 10am	We will ride the coast from Port Melbourne to Frankston or vice-versa. We will meet at Southbank Footbridge at 10am and decide on the direction of the ride depending on the wind direction for the day!!	Medium
March 18 <sup>th</sup>	Williamstown railway station, MEL 56 E11	Short ride – train to Williamstown and return via the coast. ~20km.	Easy
March 25 <sup>th</sup>	Diamond Creek station, Hurstbridge line, MEL 12 B6	Meet at Diamond Creek station and return to the city via the Diamond Valley trail and the Main Yarra trail. ~ 55km.	Medium
April 1 <sup>st</sup>	Fairfield station MEL 30 K10	Short ride – explore the Darebin Creek trail ~20km.	Easy
April 8 <sup>th</sup>	Fairfield station MEL 30 K10	Ride the Darebin Creek trail and return to the city via the Hume and Merri Creek trails. ~ 55km.	Medium
April 15 <sup>th</sup>	Fairfield station MEL	Short ride – St. Georges rd circuit to Preston	Easy

	30 K10	market and return via Darebin Creek trail ~20km.	
April 22 <sup>nd</sup>	Fairfield Park MEL 30 J12 (ride from Fairfield station)	Up Yarra Trail to Heidelberg (coffee). Then <u>street route</u> west to Queens Park and Maribyrnong R. Follow River, Footscray Rd, Capital City Trails back to start. ~55 km	Medium
April 29 <sup>th</sup>		No ride	
May 6 <sup>th</sup>	Rushall station MEL 30 D11	Short ride – Merri Creek and Upfield Rail trail circuit ~ 20km.	Easy
May 13 <sup>th</sup> and 14 <sup>th</sup>	Ballarat station, Liddiard St. north.	Skipton Rail trail, an overnight ride of 104km. For Full details, contact Janet after January 2009.	Hard
May 20 <sup>th</sup>	East Malvern station MEL 69 B1	Short ride – Anniversary trail 30km.	Easy
May 27 <sup>th</sup>	Hoppers Crossing railway station MEL 206 J3	Travel to Hoppers Crossing and return to city via Werribee river, the Federation and the bay trail.~ 50km.	Easy unless headwind
June 3 <sup>rd</sup>	Heatherdale station MEL 49 D9	Short ride – Ringwood, Bayswater, to Jell's park for coffee and return ~30km	Easy
June 10 <sup>th</sup>	Heatherdale station MEL 49 D9	Heatherdale station to Docklands, using the East link, Koonung creek and Capital city trails~ 50km	Medium
June 17 <sup>th</sup>	Heatherdale station MEL 49 D9	Short ride via Beasley's nursery ~30km.	Easy
June 24 <sup>th</sup>	Heatherdale station MEL 49 D9	Ride the East link trail to Seaford and return to the city via the coast. ~70km	Medium

## Whitehorse Cyclists Inc

Last updated 22 February 2009

Date	Destination	Description	Distance and grade	Leader Contact
Sat 07/03 to Mon 09/03 8:45am	Ballarat to Skipton Rail Trail and Skipton local	3 day semi-supported  Sat: 9:08 train to Ballarat (arr 10:37), (M) Ballarat, then 43km to Linton; Sun: 22km to Skipton then local approx 15-20km;  Mon: 55km to (L)Scarsdale then Ballarat for 5:07 train to Southern Cross (arr 6:26pm)	130  M	David P  9899 6294  And see February Newsletter
Sun 08/03 9.00 am	Kensington	Hays Paddock to Kensington	40 E	Bruce E 9848 4804.
Tue 10/03 9:30 am	Easy Tuesday	Dandenong	35 E	Ken R 9801 7157

Tue 10/03	Hard Tuesday	Capital City Tr, Racecourse Rd, Geelong Rd, Millers Rd, Altona, Williamstown, Docklands, Yarra Tr.	92	John C
9:00 am	Altona		M/H	0438 566 977
Tues 10/03 7.45pm		Club Night Box Hill Community Arts Centre 7.45pm		
Thu 12/03	Diamond Creek	Eltham Diamond Creek	50 M	Max G
9:30 am				9899 9556
Sun 15/03	Diamond Creek	Beasleys Nursery to Diamond Creek	30 E	Gill B
9:30 am				9725 5310
Mon 16/03 to Thu 19/03	Blairgowrie Hub and Spokes	Short ride Monday 16/03 afternoon,  Full day rides Tue 17/03, Wed 18/03 and Thu 19/03  Details to be decided on the day	TBA	Robin R 9830 1499  Bruce E 9848 4804  And see February Newsletter
Tue 17/03	Easy Tuesday	Blackburn Lake Koonung Creek Trail	25 E	Keith M
9:30 am				9857 5805
Tue 17/03	Hard Tuesday	Frankston Sorrento	100+ H	Abdi
10.00 am				0413 327 650
Thu 19/03	Greensborough	Ruffey Cree Heidleberg Greensborough	65 M	Bruce D
9:30 am				9852 1921
Fri 20/03	Darebin BUG	Cycling trivia night to support <i>The Big Issue</i> , with lots of prizes and auction items to aid your cycling		Margaret F
	Trivia Night			9497 2306
Sun 22/03	Hughesdale	Hughesdale	30 E	Doug H
9:30 am				9877 1408
Tue 24/03	Easy Tuesday	Belgrave	35 M	David H
9:40 am				9877 3216
Tue 24/03	Hard Tuesday	Craigieburn	100 M	Bruce D
9:00 am				9852 1921
Thu 26/03	Warburton Tr	Use 9:04 train from Box Hill, (M)Woori Yallock, (L)Warburton	80	Mike T
9:45 am			M/H	9859 3647
Sun 29/03	Ashburton to Sandringham	Ashburton to Sandringham	40 M	Mike McN
9:00 am				
Tue 31/03	Easy Tuesday	Hays Paddock	TBA	?
9:30 am				
Tue 31/03	Hard Tuesday	Mt Dandenong	68 M/H	Bob B
9:00 am				0412 028 068

Wed 01/04 to Fri 03/04		3 Day Unsupported		
	Kilmore East, Macedon,	Wed: V/Line 9:50 Shepparton train to Kilmore East (arr 10:44)	190	Phil E
	Bacchus Marsh, Melbourne	then 60 km to Macedon; Thu: 50km to Bacchus Marsh; Fri 80km to Melbourne via Laverton (opt out Hoppers Crossing, Yarraville).	M/H	9849 0552
		Via secondary roads, Federation Trail and metropolitan roads		And see February newsletter
Thu 02/04	Merri Ck and		55	Robin R
9:30 am	Moonee Ponds Tr	?	?	9830 1449
Sun 05/04				
9:30 am	?	?	?	?
Tue 07/04	Easy Tuesday	Bayswater, Croydon, Kilsyth, (M)Montrose, Boronia	25	Gill B
9:30 am	A Bit of Everything	Paths, quiet streets, gentle hills, short sections gravel (2km)	M	9725 5310
Tue 07/04	Hard Tuesday	Williamstown, Altona, Sanctuary Lakes, Point Cook, Laverton, Federation Trail, Somerville Rd, Footscray	80	Charles L
9:30 am	Point Cook Homestead		M/H	0431 592 874
Thu 09/04	Maribyrnong River	9:20am Train to St Albans (Zone 2), (M) Brimbank Park , Maribyrnong River Path, Southbank	56	Mike McK
9:15 am			M	9816 3356
Sun 12/04				
9:30 am	?	?	?	?
Tue 14/04	Easy Tuesday	?	?	?
9:30 am				
Tue 14/04	Hard Tuesday		55	Bob B
9:00 am	Lysterfield Lake	Heathmont, Lysterfield Lake , (F) Valda Ave	M/H	0412 028 068
Tues 10-Mar	CLUB NIGHT	Box Hill Community Arts Centre Station St Box Hill		Bob B 98012809

## Banyule Bicycle User Group—Rides Program Dec 2008 – Jan 2009

### BANYULE BICYCLE USER GROUP — RIDES PROGRAM 2009

**Rides start from Heidelberg Park** (Melway ref 32 B4) except as otherwise indicated. **Visitors are welcome to just turn up.** Contacts/leaders can provide additional information if required.

**EasyRide:** Every Tuesday and Friday **9.30am** – relaxed pace and informal, with break for coffee/snack/chat. Contact: Les B. 9435 0615. Regular Friday program below, Tuesdays by consensus.

<b>Day in Month</b>	<b>Ride Description</b>
1 <sup>st</sup> Friday	Eltham Library Café – 25 km. Main Yarra Trail & Diamond Ck. Trail. Break at café.
2 <sup>nd</sup> Friday	Fairfield Boathouse – 20 km. Main Yarra Trail. Break at café.
3 <sup>rd</sup> Friday	Studley Park Boathouse – 25 km. Main Yarra Trail. Break at café.
4 <sup>th</sup> Friday	Mailing Road Canterbury – 22 km. Main Yarra Trail & Anniversary. Break at café

**HarderRide:** every Tuesday & Sunday **9.00am** BYO morning tea. Check program below.

<b>March</b>			
Sun 1	<i>Alistair Knox Park</i> 25 km <b>2 hour*</b>	Main Yarra Trail and Diamond Ck. Trail to park at Eltham Library. Return by same route. Alternatively, if time permits, break at Nth Eltham Reserve	Richard B/ 9459 8648
Tue 3	“Riders’ Choice” Rider who suggests is leader, otherwise by agreement		
Sun 8	“Riders’ Choice” Rider who suggests is leader, otherwise by agreement		
Tue 10	<i>Boeing Reserve</i> 53 km	Out by Darebin Ck Trail (H2 to Waiora Rd), Cheddar Rd path, Ring Rd, Moonee Ponds Ck Trail to break at Boeing Res. Continue down creek, then Pascoe Vale streets to Merri Ck Trail, Thornbury streets.	Robert R/ 9439 1078
Sun 15	<i>Ringwood Lake</i> 45 km	Koonung Trail to Eastlink (some H3), Ringwood exit to Ringwood Lake for break. Follow railway to Dandenong Ck Trail to Eastlink and Mitcham streets to Koonung Trail home.	Graeme W/ 9435 9687
Tue 17	<i>Currawong Park</i> 35 km.	Out and back via Westerfolds & Mullum Trail. Short H3 into Currawong Park. Careful on short piece of road.	Laurel M/ 9499 2636
Sun 22	<i>Broadmeadows</i> 50 km.	Out and back to Roper Reserve by Ring Road.	Richard B/ 9459 8648
Tue 24	<i>Hampton</i> 70 km	Out by city, port and Bay Trail. Break at Brighton or Hampton beach. Return by streets and Anniversary Trail (H1). Train return convenient from Hampton or Brighton Beach.	Maurie A/ 0409 186082
Sun 29	<i>Koonung-Mullum Circuit</i> 35 km	Up Koonung Trail, across to Mullum-Mullum (some H1) with break at June's Billabong.	Graeme W/ 9435 9687
Tue 31	<i>Bundoora Park</i> 40 km	Out by Plenty River Trail (H2), Kalparrin, Springthorpe (H1). Return by Darebin Ck Trail, Wilson's Reserve.	Alan P/ 9435 9421

\* 2 hour rides may be varied if all present agree

**NightRide:** Every Wednesday **8:00pm** from **Rivergum Walk at Banyule Rd pedestrian traffic lights -**

20 km on Koonung trails or Yarra Trail to Westerfolds Park. Lights required. Contact: Robert 9457 1980

## Manningham BUG

For general enquiries ring Harvey (03)9890-8006 or Garry (03)9439-5016

### Mid Week Rides

There are rides on most Wednesdays. Meet at 9:30am at Warrandyte (outside Pasta Mania) for a local ride every second week, alternating with a 10am meeting at a distant location for a longer ride. Contact Don 9848-5803

### Interested?

[Email us to find out more about the BUG - harvey@edwards.net](mailto:harvey@edwards.net)

## Melbourne Bicycle Touring Club



## March

W/e 7/8/9 Mar	Myrtleford Riding & Social weekend. Variety of rides available from mountain climbing to rail trail ambling. Caravan park camping. Deposit required.	Various	Kirsty Harris
Thu 12-Mar	Great Vic Ride 08		John Hughes
Sat 14-Mar	Fish & chips at Green Point, Brighton Beach	40km Easy	Anne Shepherd
Sun 15-Mar	Glen Waverley to Hampton via Yarra & Bayside Bike Paths. Gentle ride with great views along wetlands, the Yarra and the sea. Mainly off-road.	50km Easy/medium	John Hughes
Sun 15-Mar	Lilydale-Warburton-Lilydale	84km Medium/hard	Joe Kenwright
Thu 19-Mar	Social night		Glynn
Tue 17-Mar	Tiffin Time Lunch in the city. \$7.00-9.00		Darren Room
Sat 21-Mar	Heritage ride in Brunswick	12km Easy	John Harland
Sun 22-Mar	Hurstbridge, Whittlesea & Kinglake loop	80km Medium	Alister Briggs
Sun 22-Mar	Coburg bike discovery tour	30km Easy	Gael Reid
W/e 21/22 Mar	Transition to Touring. A mostly downhill ride from Ballarat via the rail trail to Skipton. Staying overnight at the Pittong Sleepover and riding to Camperdown the next day. Subsidised	130km Medium	Jon Miller
Thu 26-Mar	MAD Ride briefing for all the volunteers		David
Sat 28-Mar	Badger Weir Healesville	75km Medium	Peter Boemo
Sun 29-Mar	Railway Museum at Williamstown	15km Easy	Darren Room
Thu 2-Apr	Touring bike design and equipment		John Harland
Sat 4-Apr	MAD Ride setup & stay overnight in Woodend		MAD ride sub-committee
Sun 5-Apr	MAD Ride, Woodend and district	All hands on deck	David Brunt
Easter 10-13 Apr	Mitchell River NP and nearby	150km	Leon Trethowan



	attractions. No shops	Medium	
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**For information on the above rides, please contact the Touring Secretary, Jon, on (03) 9523 1694, or at [rides@mbtc.org.au](mailto:rides@mbtc.org.au) . Please note that this e-mail address doesn't get checked every day - so don't expect an immediate response!** **About the Ride Gradings** **Easy:** Relatively short distances and easy terrain, with no critical time factor. Suitable for the occasional cyclist. **Medium:** Longer distances with varied terrain. Reliable gears, food, tools and wet weather clothing are advisable. Ability to maintain a reasonable speed to meet critical time factors is required. **Hard:** Long distances and/or difficult terrain. Extensive experience in all aspects of cycling is mandatory.

Riders must be able to maintain a good speed throughout the ride.

RIDE LEADERS: Bookings on V/Line services must be completed **one week** before the ride to ensure availability of a D-Van and to obtain group discounts where they apply.

## YHA

YHA Cycling is made up of people who enjoy cycling in the suburbs and out in country Victoria with a sociable group of like-minded people, aged mainly between mid 20s and mid 40s. YHA Cycling is a recreational club, not a racing club, and we do a mixture of day and weekend rides. The group is based in Melbourne, Victoria, under the umbrella of the YHA Australia, and is one of a number of such local YHA activities groups.

YHA contacts: Ride Co-Ordinator Kathy on [rides@yhacycling.org.au](mailto:rides@yhacycling.org.au) or mobile 0425-792 574, or Secretary Voula on [secretary@yhacycling.org.au](mailto:secretary@yhacycling.org.au); website: <http://yhacycling.org.au>

### Rides Calendar

Day/Date	Ride description		Suitable bike (mtb, road or hybrid)		Distance (km)	Grade	Leader	Booking necessary	Email
March									
Sat 7	Forrest MTB Park	MTB	40	Medium	Jim	Y		<a href="mailto:Jim.partridge@rmit.edu.au">Jim.partridge@rmit.edu.au</a>	
Sun 8	Forrest MTB Park	MTB	40	Medium	Jim	Y		<a href="mailto:Jim.partridge@rmit.edu.au">Jim.partridge@rmit.edu.au</a>	
Mon 9 (Labour Day)									
Sat 14	Capital City Trail (Lunch at Studley Boathouse	Any	26	Easy	Ian	N		<a href="mailto:ian@fuff.com.au">ian@fuff.com.au</a>	
Sun 15	Macedon Ranges	Road/ Hybrid/ MTB	60	Medium	Jesse	N		Phone 0419 529773	

Sat 21							
Sun 22	Port Melb-Ricketts Point	Any	50	Easy	Sophie	N	<a href="mailto:sophadele@hotmail.com">sophadele@hotmail.com</a>
Sat 28							
Sun 29	Red Hill Ride	Road/Hybrid	60	Medium	Nick	Y	<a href="mailto:Nick@spraynozzle.com.au">Nick@spraynozzle.com.au</a>
<i>April</i>							
Sat 4	Fed Square to Fairfield Boathouse	Any		Easy	Belinda	N	Phone 0410 488228
Sun 5	MAD Ride	All	60-110	Med-Hard			<a href="http://www.mbtc.org.au">www.mbtc.org.au</a>
Fri 10 (Good Friday)							
Sat 11 (Easter)	Mountain Bike Ride - TBA	MTB	20-30	Med-Hard	Lloyd	?	mapman@bigpond.com
Sun 12 (Easter)							
Mon 13 (Easter)							
Sat 18	Altona and the Bay	All	45	Easy-Medium	Mark	Y	<a href="mailto:gobikeriding@gmail.com">gobikeriding@gmail.com</a>
Sun 19	Wombat State Forest	MTB only	20km	Easy	Mark & Nevi	N	<a href="mailto:Mark.burns@psnworld.com">Mark.burns@psnworld.com</a>
Sat 25 (Anzac Day)							
Sun 26							

Mon 27 (Anzac PH)							
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